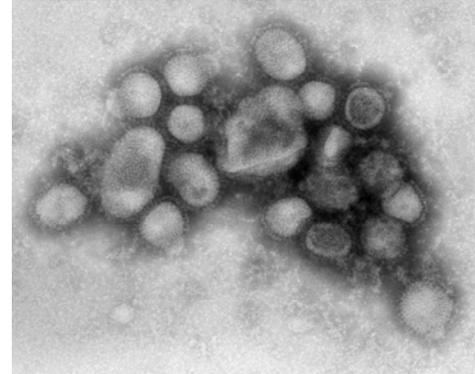
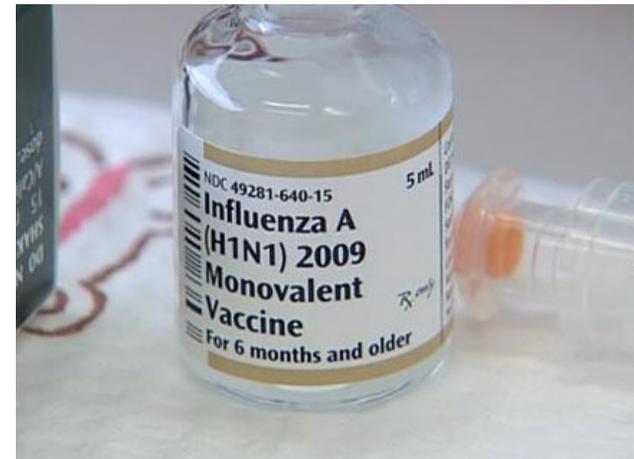

H1N1 Influenza



What You Need To Know

The Vaccine

- Provided by CDC
- Comes in 2 forms
- Inactivated vaccine
 - Contains killed virus
 - Injected into muscle
- Nasal-spray vaccine
 - Contains live, weakened virus that cannot grow at normal body temperature
 - Sprayed into the nose



Our Priorities

1. Health Care Personnel and EMS
 2. Pregnant women and household contacts and caregivers of infants < 6 months old
 3. High risk persons 6 months – 24 years old
 4. Persons 6 months – 24 years old
 5. High risk persons 25 – 64 years old
 6. Healthy adults 25 – 64 years old
 7. Healthy adults 65 years and older
-

Our Vaccine Supply



- We have partnered with 11 other towns and the VNA to receive vaccine
- Supply is limited
- We have 97 doses available as of November 12th
- More is arriving at the VNA weekly

Our Plans

- Health Care Personnel and EMS receiving the vaccine at places of employment
 - Pregnant women and household contacts and caregivers of infants < 6 months old will receive vaccine by appointment only at special clinics hosted by the VNA. Please call (508)-957-7629 for an appointment
-

Our Plans (continued)

- As the vaccine supply allows, we will begin vaccinating our school-aged population in school-based clinics
 - First, high risk persons 6 months – 24 years old
 - Then, all persons 6 months – 24 years old
 - Finally, high risk persons 25 – 64 years old; healthy adults 25 – 64 years old; and healthy adults 65 years and older will be vaccinated at drive-through clinics
-

Our Preparations

- We have created a plan for drive-through clinics
- We successfully tested this plan on October 17th
- We vaccinated 312 persons in 2 hours of operation
- We believe we can vaccinate nearly 2500 people in 8 hours



While We Wait For The Vaccine



1918: A man is turned away by a Seattle trolley conductor because he is not wearing a mask (Courtesy of the National Archives, 165-100W 269 B-11)

To prevent the spread of the flu:

- Practice proper cough and sneeze etiquette
- Practice proper hand washing techniques and wash frequently
- Practice social distancing

Cough and Sneeze Etiquette



Cover your mouth and nose with a tissue when you cough or sneeze. Put your used tissue in the waste basket.

OR



Cough or sneeze into your upper sleeve, not your hands.



Wash hands with soap and warm water for 20 seconds.

OR



Clean with alcohol-based hand cleaner.

Adapted from the CDC, APIC, and Minnesota Department of Health

Proper Hand Washing



6 Dry with paper towel



5 Turn off water lever using your elbows



1 Wet your hands



2 Apply solution and scrub for at least 15 seconds



3 Scrub back of hands, wrists, between fingers and under fingernails



4 Rinse your hands

Social Distancing

- A voluntary, recommended limitation of physical contact.
- It can be simple such as:
 - maintaining a three-foot distance
 - not shaking hands



Social Distancing (continued)



- or more complex, like:
 - staying home, or
 - avoiding public places and events.



For More Information

- Call Mass Department of Public Health Flu Hotline at 211 or go to www.mass.gov/flu
- Check back here for updates

