

# Preparedness Calendar

**Description**

**Web page/resource**

**URL**

## January

### *Martin Luther King Jr. Day of Service (Volunteering)*

<i>Volunteering</i>	Medical Reserve Corps of MA	<a href="https://www.mamedicalreservecorps.org/find-an-mrc-unit">https://www.mamedicalreservecorps.org/find-an-mrc-unit</a>
<i>Volunteering</i>	FEMA - Search for CERT programs/Citizen Corps	<a href="https://community.fema.gov/Register/Register_Search_Programs">https://community.fema.gov/Register/Register_Search_Programs</a>

## February

### *Winter Weather*

<i>Winter Weather</i>	CDC Winter Weather	<a href="https://www.cdc.gov/disasters/winter/index.html">https://www.cdc.gov/disasters/winter/index.html</a>
<i>Winter Weather</i>	FEMA YouTube Video - When the Sky Turns Gray	<a href="https://www.youtube.com/watch?v=XVpGJ_XI_w">https://www.youtube.com/watch?v=XVpGJ_XI_w</a>
<i>Winter Weather</i>	MEMA - Receive Emergency Alerts	<a href="https://www.mass.gov/info-details/be-informed-and-receive-emergency-alerts">https://www.mass.gov/info-details/be-informed-and-receive-emergency-alerts</a>
<i>Winter Weather</i>	Ready.gov - Build a Kit	<a href="https://www.ready.gov/kit">https://www.ready.gov/kit</a>
<i>Winter Weather</i>	MEMA - Winter Storm Safety Tips	<a href="https://www.mass.gov/info-details/winter-storm-safety-tips">https://www.mass.gov/info-details/winter-storm-safety-tips</a>
<i>Winter Weather</i>	OPEM KPP Checklist	<a href="https://www.mass.gov/lists/know-plan-prepare-preparedness-checklist">https://www.mass.gov/lists/know-plan-prepare-preparedness-checklist</a>
<i>Winter Weather</i>	Ready.gov - Car Safety	<a href="https://www.ready.gov/car">https://www.ready.gov/car</a>
<i>Winter Weather</i>	MassDOT - Prepare Your Vehicle for Winter Driving	<a href="https://www.mass.gov/service-details/prepare-your-vehicle-for-winter-driving">https://www.mass.gov/service-details/prepare-your-vehicle-for-winter-driving</a>
<i>Winter Weather</i>	MEMA - Extreme Cold Safety Tips	<a href="https://www.mass.gov/info-details/extreme-cold-safety-tips">https://www.mass.gov/info-details/extreme-cold-safety-tips</a>
<i>Winter Weather</i>	MassDOT - Safe Winter Driving Tips	<a href="https://www.mass.gov/service-details/safe-winter-driving-tips">https://www.mass.gov/service-details/safe-winter-driving-tips</a>
<i>Winter Weather</i>	MassDOT - Driving Near Plows	<a href="https://www.mass.gov/service-details/driving-near-plows">https://www.mass.gov/service-details/driving-near-plows</a>
<i>Winter Weather</i>	MASnow YouTube Video - Winter Emergency Car Kit	<a href="https://youtu.be/DwyNYr8zEgg">https://youtu.be/DwyNYr8zEgg</a>
<i>Winter Weather</i>	MASnow YouTube Video - Safe Winter Driving	<a href="https://youtu.be/T_BahjtRwTk">https://youtu.be/T_BahjtRwTk</a>
<i>Winter Weather</i>	CDC - Prevent Frostbite & Hypothermia	<a href="https://www.cdc.gov/disasters/winter/staysafe/hypothermia.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fdisasters%2Fwinter%2Fstaysafe%2Ffrostbite.html">https://www.cdc.gov/disasters/winter/staysafe/hypothermia.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fdisasters%2Fwinter%2Fstaysafe%2Ffrostbite.html</a>
<i>Winter Weather</i>	MASnow YouTube Video - Dig Out Fire Hydrants	<a href="https://youtu.be/zJBsYuWxe_Q">https://youtu.be/zJBsYuWxe_Q</a>
<i>Winter Weather</i>	MASnow YouTube Video - Be a Good Neighbor	<a href="https://www.youtube.com/watch?v=igjI9n1KA6Q">https://www.youtube.com/watch?v=igjI9n1KA6Q</a>

<i>Winter Weather</i>	MEMA - Winter Pet Safety Tips	<a href="https://www.mass.gov/service-details/winter-pet-safety-tips">https://www.mass.gov/service-details/winter-pet-safety-tips</a>
<i>Winter Weather</i>	MASnow YouTube Video - Pet Safety Near Ice	<a href="https://youtu.be/mp5510zB5gU">https://youtu.be/mp5510zB5gU</a>
<i>Winter Weather</i>	MASnow YouTube Video - Check for Animals Under Car	<a href="https://youtu.be/7uXBO9CguWc">https://youtu.be/7uXBO9CguWc</a>
<i>Winter Weather</i>	NFPA - Top Causes of Fire/Heating	<a href="https://www.nfpa.org/Public-Education/Fire-causes-and-risks/Top-fire-causes/Heating">https://www.nfpa.org/Public-Education/Fire-causes-and-risks/Top-fire-causes/Heating</a>
<i>Winter Weather</i>	DFS - Winter Home Heating Safety	<a href="https://www.mass.gov/service-details/learn-about-winter-home-heating-safety">https://www.mass.gov/service-details/learn-about-winter-home-heating-safety</a>
<i>Winter Weather</i>	FEMA YouTube Video - Portable Heater Safety	<a href="https://www.youtube.com/watch?v=9AMQ1ASnmNU">https://www.youtube.com/watch?v=9AMQ1ASnmNU</a>
<i>Winter Weather</i>	MASnow YouTube Video - Test Carbon Monoxide Alarms	<a href="https://youtu.be/27XbK_ci75g">https://youtu.be/27XbK_ci75g</a>
<i>Winter Weather</i>	DFS - Generator Safety	<a href="https://www.mass.gov/service-details/generator-safety">https://www.mass.gov/service-details/generator-safety</a>
<i>Winter Weather</i>	NFPA - Heating Safety Messages in American Sign Language	<a href="https://www.youtube.com/watch?v=OCtnLC6-JPg">https://www.youtube.com/watch?v=OCtnLC6-JPg</a>
<i>Winter Weather</i>	Ready.gov - Power Outages	<a href="https://www.ready.gov/power-outages">https://www.ready.gov/power-outages</a>
<i>Winter Weather</i>	MEMA - Find Your Local EMD	<a href="https://www.mass.gov/find-your-local-emergency-management-director-emd">https://www.mass.gov/find-your-local-emergency-management-director-emd</a>
<i>Winter Weather</i>	CDC - What You Need to Know When the Power Goes Out Unexpectedly	<a href="https://www.cdc.gov/disasters/poweroutage/needtoknow.html">https://www.cdc.gov/disasters/poweroutage/needtoknow.html</a>
<i>Winter Weather</i>	MEMA - Power Outage Safety Tips	<a href="https://www.mass.gov/info-details/power-outage-safety-tips">https://www.mass.gov/info-details/power-outage-safety-tips</a>

## March

<b><i>Flood Safety</i></b>		
<i>Flood Safety</i>	Ready.gov - Floods	<a href="https://www.ready.gov/floods">https://www.ready.gov/floods</a>
<i>Flood Safety</i>	Ready.gov - Preparedness Planning for Business	<a href="https://www.ready.gov/business">https://www.ready.gov/business</a>
<i>Flood Safety</i>	Ready.gov - Make a Plan	<a href="https://www.ready.gov/plan">https://www.ready.gov/plan</a>
<i>Flood Safety</i>	MEMA - Make a Family Emergency Plan	<a href="https://www.mass.gov/info-details/make-a-family-emergency-plan">https://www.mass.gov/info-details/make-a-family-emergency-plan</a>
<i>Flood Safety</i>	MEMA - Build an Emergency Kit	<a href="https://www.mass.gov/info-details/build-an-emergency-kit">https://www.mass.gov/info-details/build-an-emergency-kit</a>
<i>Flood Safety</i>	MEMA - Receive Emergency Alerts	<a href="https://www.mass.gov/info-details/be-informed-and-receive-emergency-alerts">https://www.mass.gov/info-details/be-informed-and-receive-emergency-alerts</a>
<i>Flood Safety</i>	FEMA - Wireless Emergency Alerts	<a href="https://www.youtube.com/watch?v=wDpcGypv2_U&amp;feature=youtu.be">https://www.youtube.com/watch?v=wDpcGypv2_U&amp;feature=youtu.be</a>
<i>Flood Safety</i>	FEMA Flood Map Service Center: Search By Address	<a href="https://msc.fema.gov/portal/search">https://msc.fema.gov/portal/search</a>
<i>Flood Safety</i>	NWS - Turn Around, Don't Drown	<a href="https://www.weather.gov/safety/flood-turn-around-dont-drown">https://www.weather.gov/safety/flood-turn-around-dont-drown</a>

<i>Flood Safety</i>	NWS YouTube video - Turn Around, Don't Drown	<a href="https://www.youtube.com/watch?v=el6mIIHKrVY&amp;feature=youtu.be">https://www.youtube.com/watch?v=el6mIIHKrVY&amp;feature=youtu.be</a>
<i>Flood Safety</i>	Ready.gov - Evacuation	<a href="https://www.ready.gov/evacuation">https://www.ready.gov/evacuation</a>
<i>Flood Safety</i>	FEMA - National Flood Insurance Program	<a href="https://www.floodsmart.gov/how/how-do-i-buy-flood-insurance">https://www.floodsmart.gov/how/how-do-i-buy-flood-insurance</a>
<i>Flood Safety</i>	FEMA - Emergency Financial First Aid Kit	<a href="https://www.fema.gov/media-library/assets/documents/96123">https://www.fema.gov/media-library/assets/documents/96123</a>
<i>Flood Safety</i>	FEMA - Update Your Documents Now	<a href="https://www.fema.gov/news-release/2018/11/06/update-your-documents-now">https://www.fema.gov/news-release/2018/11/06/update-your-documents-now</a>
<i>Flood Safety</i>	CDC - Floodwater After a Disaster or Emergency	<a href="https://www.cdc.gov/disasters/floods/floodsafety.html">https://www.cdc.gov/disasters/floods/floodsafety.html</a>
<i>Flood Safety</i>	CDC - Clean Up Safely After a Disaster	<a href="https://www.cdc.gov/disasters/cleanup/facts.html">https://www.cdc.gov/disasters/cleanup/facts.html</a>
<i>Flood Safety</i>	CDC - Reentering Your Flooded Home	<a href="https://www.cdc.gov/disasters/floods/after.html">https://www.cdc.gov/disasters/floods/after.html</a>

## April & May

<b><i>Insurance/Saving for Emergencies</i></b>		
<i>Insurance/Saving for Emergencies</i>	Ready.gov - Financial Preparedness	<a href="https://www.ready.gov/financial-preparedness">https://www.ready.gov/financial-preparedness</a>
<i>Insurance/Saving for Emergencies</i>	FEMA - Emergency Financial First Aid Kit	<a href="https://www.fema.gov/media-library/assets/documents/96123">https://www.fema.gov/media-library/assets/documents/96123</a>
<i>Insurance/Saving for Emergencies</i>	FEMA - Update Your Documents Now	<a href="https://www.fema.gov/news-release/2018/11/06/update-your-documents-now">https://www.fema.gov/news-release/2018/11/06/update-your-documents-now</a>

## May

<b><i>Hurricane Preparedness</i></b>		
Hurricane Preparedness	CDC - Prepare Your Health for Hurricane Season	<a href="https://blogs.cdc.gov/publichealthmatters/2019/05/hurricaneprep/?platform=hootsuite">https://blogs.cdc.gov/publichealthmatters/2019/05/hurricaneprep/?platform=hootsuite</a>
Hurricane Preparedness	MEMA - Hurricane Safety Tips	<a href="https://www.mass.gov/info-details/hurricane-safety-tips">https://www.mass.gov/info-details/hurricane-safety-tips</a>
Hurricane Preparedness	MEMA - Hurricane Evacuation Zones	<a href="https://www.mass.gov/info-details/hurricane-evacuation-zones">https://www.mass.gov/info-details/hurricane-evacuation-zones</a>
Hurricane Preparedness	MEMA - Make a Family Emergency Plan	<a href="https://www.mass.gov/info-details/make-a-family-emergency-plan">https://www.mass.gov/info-details/make-a-family-emergency-plan</a>
Hurricane Preparedness	CDC - After the Storm: 3 Types of Post-Disaster Poisonings to Know, Prepare For	<a href="https://blogs.cdc.gov/publichealthmatters/2019/03/poison_prevention/?platform=hootsuite">https://blogs.cdc.gov/publichealthmatters/2019/03/poison_prevention/?platform=hootsuite</a>

## June

### *Pet Preparedness*

<i>Pet Preparedness</i>	MEMA - Emergency Preparedness for Pets and Animals	<a href="https://www.mass.gov/info-details/emergency-preparedness-for-pets-and-animals">https://www.mass.gov/info-details/emergency-preparedness-for-pets-and-animals</a>
<i>Pet Preparedness</i>	OPEM - KPP Get Ready: Plan and Prepare for an Emergency	<a href="https://www.mass.gov/service-details/get-ready-plan-and-prepare-for-an-emergency-with-your-family">https://www.mass.gov/service-details/get-ready-plan-and-prepare-for-an-emergency-with-your-family</a>
<i>Pet Preparedness</i>	OPEM - KPP Preparedness Checklist	<a href="https://www.mass.gov/lists/know-plan-prepare-preparedness-checklist">https://www.mass.gov/lists/know-plan-prepare-preparedness-checklist</a>
<i>Pet Preparedness</i>	CDC - Keep your pets safe in an emergency: 5 things to know	<a href="https://blogs.cdc.gov/publichealthmatters/2017/06/keep-pets-safe-in-an-emergency/?platform=hootsuite">https://blogs.cdc.gov/publichealthmatters/2017/06/keep-pets-safe-in-an-emergency/?platform=hootsuite</a>

## July & August

### *Extreme Heat*

<i>Extreme Heat</i>	NOAA - Heat Safety Tips and Resources	<a href="https://www.weather.gov/safety/heat">https://www.weather.gov/safety/heat</a>
<i>Extreme Heat</i>	MEMA - Extreme Heat Safety Tips	<a href="https://www.mass.gov/info-details/extreme-heat-safety-tips">https://www.mass.gov/info-details/extreme-heat-safety-tips</a>
<i>Extreme Heat</i>	Mass 211	<a href="https://mass211.org/">https://mass211.org/</a>
<i>Extreme Heat</i>	CDC - Warning Signs and Symptoms of Heat-Related Illness	<a href="https://www.cdc.gov/disasters/extremeheat/warning.html">https://www.cdc.gov/disasters/extremeheat/warning.html</a>
<i>Extreme Heat</i>	CDC - Heat Related Illness (HRI) Prevention	<a href="https://www.cdc.gov/nceh/hsb/extreme/heat_illness_training.htm">https://www.cdc.gov/nceh/hsb/extreme/heat_illness_training.htm</a>
<i>Extreme Heat</i>	ASPCA - Hot Weather Safety Tips	<a href="https://www.asPCA.org/pet-care/general-pet-care/hot-weather-safety-tips">https://www.asPCA.org/pet-care/general-pet-care/hot-weather-safety-tips</a>
<i>Extreme Heat</i>	CDC - Beat the Heat Infographic	<a href="https://www.cdc.gov/cpr/infographics/beattheheat.htm">https://www.cdc.gov/cpr/infographics/beattheheat.htm</a>
<i>Extreme Heat</i>	MassDPH Injury Prevention - Water Safety	<a href="https://www.mass.gov/water-safety">https://www.mass.gov/water-safety</a>

## September

### *General Preparedness*

<i>General Preparedness</i>	OPEM - KPP landing page	<a href="https://www.mass.gov/know-plan-prepare">https://www.mass.gov/know-plan-prepare</a>
<i>General Preparedness</i>	OPEM - Get Ready - Plan and Prepare for an Emergency with Your Family	<a href="https://www.mass.gov/service-details/get-ready-plan-and-prepare-for-an-emergency-with-your-family">https://www.mass.gov/service-details/get-ready-plan-and-prepare-for-an-emergency-with-your-family</a>
<i>General Preparedness</i>	OPEM - Help for Individuals with Access of Functional Needs	<a href="https://www.mass.gov/service-details/were-all-in-this-together-help-for-individuals-with-access-or-functional-needs">https://www.mass.gov/service-details/were-all-in-this-together-help-for-individuals-with-access-or-functional-needs</a>
<i>General Preparedness</i>	Sesame Street - Emergency Preparation	<a href="https://www.sesamestreet.org/toolkits/ready">https://www.sesamestreet.org/toolkits/ready</a>
<i>General Preparedness</i>	OPEM - KPP Preparedness Checklist	<a href="https://www.mass.gov/lists/know-plan-prepare-preparedness-checklist">https://www.mass.gov/lists/know-plan-prepare-preparedness-checklist</a>

## September/October November

### *Children/Youth Preparedness*

<i>Children/Youth Preparedness</i>	Sesame Street - Emergency Preparation	<a href="https://www.sesamestreet.org/toolkits/ready">https://www.sesamestreet.org/toolkits/ready</a>
<i>Children/Youth Preparedness</i>	FEMA - Ready Kids	<a href="https://www.ready.gov/kids">https://www.ready.gov/kids</a>
<i>Children/Youth Preparedness</i>	FEMA - Make a Plan	<a href="https://www.ready.gov/plan">https://www.ready.gov/plan</a>
<i>Children/Youth Preparedness</i>	Healthy Children.org - School Safety during Emergencies: What Parents Need to Know	<a href="https://www.healthychildren.org/English/safety-prevention/all-around/Pages/Actions-Schools-Are-Taking-to-Make-Themselves-Safer.aspx">https://www.healthychildren.org/English/safety-prevention/all-around/Pages/Actions-Schools-Are-Taking-to-Make-Themselves-Safer.aspx</a>

## December

### *Flu Vaccination*

<i>Flu Vaccination</i>	MEMA - Influenza facts	<a href="https://www.mass.gov/influenza">https://www.mass.gov/influenza</a>
<i>Flu Vaccination</i>	Health Map Vaccine Finder	<a href="https://vaccinefinder.org/">https://vaccinefinder.org/</a>
<i>Flu Vaccination</i>	CDC - Misconceptions about Season Flu & Flu Vaccines	<a href="https://www.cdc.gov/flu/prevent/misconceptions.htm?CDC_AA_refVal=https://www.cdc.gov/flu/about/qa/misconceptions.htm">https://www.cdc.gov/flu/prevent/misconceptions.htm?CDC_AA_refVal=https://www.cdc.gov/flu/about/qa/misconceptions.htm</a>