

# PUBLIC HEALTH ADVISORY

## White Pond Dennis & Harwich



### Fish Contaminated with Mercury

**CHILDREN UNDER 12,  
PREGNANT WOMEN, NURSING  
MOTHERS, AND WOMEN OF  
CHILDBEARING AGE WHO  
MAY BECOME PREGNANT:**

- ◆ Do not eat any fish: catch & release

**ALL OTHER PEOPLE:**

- ◆ Limit consumption of any fish species to two meals per month

**Issued by the Massachusetts Department of Public Health**

This advisory does not apply to fish that are stocked. MDPH has issued other important health recommendations for fish consumption. To find out more information, please call 617-624-5757 or visit our website at <http://www.mass.gov/dph/fishadvisories>.